ladybird

HAIR&BEAUTY

Aftercare Guide

LOOK AFTER YOUR TREATMENT SO IT LOOKS BEAUTIFUL FOR LONGER

Lash Aftercare

LASH LIFT & TINT · LASH EXTENSIONS

1. Keep lashes completely dry for 24 hours (lash lift & tint) or 24–48 hours (extensions): avoid water, steam, saunas and swimming.
2. Avoid touching, rubbing or pulling your lashes.
3. Use oil-free make-up remover and skincare around the eyes.
4. Skip mascara for 24 hours after a lift; never use waterproof mascara on extensions.
5. Do not use an eyelash curler.
6. Brush extensions gently each day with a clean spoolie and cleanse with a lash-safe foam.
7. Try to sleep on your back rather than face-down in the pillow.
8. Book extension infills every 2–3 weeks to keep them full.

Hair Colour Aftercare

COLOUR · HIGHLIGHTS · BALAYAGE · TONER

1. Wait at least 48–72 hours before your first wash so the colour can settle.
2. Use a sulphate-free, colour-safe shampoo and conditioner.
3. Wash with lukewarm or cool water rather than hot.
4. Apply a heat protectant before using straighteners, tongs or a hairdryer.
5. Protect hair from strong sun with a hat or UV-protecting product.
6. Avoid chlorine; wet and condition hair before swimming.
7. Use a nourishing mask once a week to keep colour glossy.
8. Book a refresh or toner every 6–8 weeks.

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Book online via Treatwell

Questions about your treatment? Just ask your stylist or therapist.

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